FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

- 1									
	OMB APPROVAL								
	OMB Number: 3235-0								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Kristensen Peter (N			Date of Event Requiring Staten Month/Day/Year 14/08/2010	nent	3. Issuer Name and Ticker or Trading Symbol FORMAT INC [FRMT]							
(Last) (Fi PO BOX 711031	irst) (Midd	le)				ationship of Reporting Pers k all applicable) Director	son(s) to Issuer 10% Owner			5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street) COTTONWOOD HEIGHTS	O UT 841	71				Officer (give title below)	Othe below	r (spec w)	ify		cable Line) Form filed by	/Group Filing (Check y One Reporting Person y More than One erson
(City) (Si	tate) (Zip)											
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock						0	D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable at Expiration Date (Month/Day/Year)			ate	nd 3. Title and Amount of Secu Underlying Derivative Secur		ity (Instr. 4) Conv		Convei or Exei	rcise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Date Exercisable	Expiratio Date	n Title	e	Amo or Num of Sha	ount nber	Price o Derivat Securit	tive	Direct (D) or Indirect (I) (Instr. 5)	

Explanation of Responses:

Remarks:

04/13/2010 /s/ Peter Kristensen

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.